



DEPARTMENT OF THE NAVY
COMMANDER, FLEET ACTIVITIES SASEBO
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1000
Ser N00J/278
12 Mar 21

From: Commander, Fleet Activities Sasebo
To: Active Duty and Reserve Personnel, Retirees, Military Dependents, Civilian Employees, Contractors, Host Nation Civilian Employees and Anyone with Installation Access

Subj: UPDATED PUBLIC HEALTH ORDER

Ref: (a) CFAS Public Health Order of 2 Mar 21
(b) USFJ Public Health Emergency Declaration for Japan of 8 Mar 21
(c) FRAGORD 001 to USFJ Force Public Health Order 21-002 of 8 Mar 21
(d) Appendices to ANNEX A USFJ Force Health Protection Order 21-002 of 8 Mar 21
(e) CNFJ/CNRJ COVID-19 Leave and Liberty Policy Update 2 of 17 Dec 20
(f) CNFJ/CNRJ Restriction of Movement (ROM) Guidance in Response to COVID-19 (Update III) of 5 Mar 21
(g) NAVADMIN 037/21 (U.S. Navy Standard Covid-19 Standard Operational Guidance)
(h) Secretary of Defense Memorandum: Use of Masks and Other Public Health Measures of 4 Feb 21
(i) Secretary of the Navy Memorandum: Use of Masks and Other Public Health Measures of 4 Mar 21

Encl: (1) CFAS Restriction of Movement Requirements and Guidelines of 12 Mar 21
(2) Maps of Off-Limits Areas as of 12 Mar 21
(3) Updated Commander, Fleet Activities Sasebo Cloth Covering Guidelines in Response to Coronavirus Disease 2019 of 12 Mar 21
(4) Template of Request for Exception to Policy Request (ETP) Form
(5) Distinguishing Bars and Restaurants during the Coronavirus Disease 2019 Pandemic of 12 Mar 21
(6) Flow Charts for Travelers, Cohabitants and 90-day Recovered Positives in ROM, Working ROM or LRS of 12 Mar 21

1. This Public Health Order (PHO) replaces reference (a) and implements the Japan-wide Public Health Emergency declared in reference (b). This updated PHO incorporates significant changes to Restriction of Movement (ROM) procedures and face covering policies from U.S. Forces Japan (USFJ) and Commander, Naval Forces Japan/Navy Region Japan (CNFJ/CNRJ). For convenience, updated language in this PHO appears in red text. Per references (b) through (f), this updated PHO applies to all Status of Forces Agreement (SOFA) members who either have or are seeking installation access at Commander, Fleet Activities Sasebo (CFAS). Japanese Master Labor Contract (MLC) employees and Individual Hire Agreement (IHA) employees of the U.S. Navy are encouraged to follow this guidance to the maximum extent practicable. Uniformed personnel are required to comply and those who disobey this PHO (including its enclosures) may be punished under the Uniform Code of Military Justice (UCMJ) for violation of Article 84

Subj: UPDATED PUBLIC HEALTH ORDER

and/or Article 92. Non-compliance by all other individuals that either have or desire base access may be subject to administrative measures such as curtailment, debarment or early return to the United States. This PHO also implements applicable guidance from references (f) **through (i)**.

2. Definitions. The following definitions are derived from references **(c)**, (d), (f) and (g) and are provided here for clarity in understanding what requirements are necessary for various individuals based on their Coronavirus Disease 2019 (COVID-19) history, **vaccination status**, travel status **and** other risk factors. These definitions apply to this PHO and all of its enclosures.

a. Close Contact. A person becomes a Close Contact when: i) being within six feet (two meters) of an individual for longer than 15 minutes **cumulative within a 24 hour period**, with or without face coverings; ii) anyone with whom a person has had physical contact while caring for, living with or visiting; iii) any time an individual visits a waiting room (data should only include duration and location, not the other individuals within the waiting room); and iv) anyone having direct contact with an individual's secretions (e.g. being coughed on or sneezed on).

b. Cohabitant. This PHO defines Cohabitants as persons who live together in a shared residence, including: family members, intimate partners and assigned roommates (e.g. in a military barracks or another person whose name is on the lease of a residence). Cohabitants does not include guests to a residence or persons living in a barracks but not in the same shared bedroom.

c. Deferred Personnel. Deferred Personnel are those that have declined to be Vaccinated and Immunized. **Deferred Personnel, like all other persons who are not vaccinated are subject to stricter ROM requirements.**

d. Direct Transit. Direct Transit means passing through a prohibited area without exiting (e.g. going through on an expressway and not exiting until transit through the prohibited area is complete; riding a train through a prohibited area without stopping in the area; taking a connecting flight from an airport in a prohibited area without entering the prohibited area for other activity).

e. Immunized Personnel. Personnel who have completed a vaccine series and have passed 14 days since their last dose. If an individual receives a single-dose vaccine (i.e. one that does not require a series), that individual is an Immunized Person and not a Vaccinated Person after 14 days **from receipt of the single dose shot. Travelers should carry their immunization card to prove this status when traveling.**

f. Isolation. Isolation refers to separating confirmed Positive Cases from people who are not infected. Symptomatic individuals may also be placed in Isolation pending results from COVID-19 testing. Isolation is medically directed and is precautionary, not punitive.

g. Limited Release Status (LRS). **LRS** refers to persons who are not confined to their quarters during part of their 14-day ROM period under references **(c) and (f)**. **Individuals in LRS** are still subject to limited movements **for part of the 14-day period**. These individuals can freely

Subj: UPDATED PUBLIC HEALTH ORDER

go around the installation, or, if living off installation, from their home to the installation only. **All base services are available to individuals in LRS. Individuals in LRS will not use public transportation.** Persons in this LRS must be vigilant in self-monitoring for symptoms, practicing physical distancing and adhering to all other guidance of this PHO. **This is also known as a Holding Status, but for purposes of this PHO, LRS is used.**

h. Military Installation. Within the scope of this PHO, Military Installation is defined as any area under the operational control of the Secretary of a Military Department or the Secretary of Defense, without regard to the duration of operational control.

i. Positive Case. This refers to a person who has been tested for and confirmed to be infected with COVID-19.

j. 90-day Recovered Positive Case. Under this PHO, 90-day **Recovered** Positive Case refers to an individual who has been infected with COVID-19 within the last 90 days and has fully recovered, **been** cleared by medical authorities and is suffering no additional symptoms.

k. Quarantine. The status of individuals who are restricted in their movements due to their being believed to be exposed to a communicable disease in order to prevent the possible spread of the disease. Quarantine is precautionary, not punitive. Quarantine is medically directed and is used for persons who had Close Contact with a known Positive Case.

l. ROM. A general term for limiting an individual or group's movement to prevent or diminish the transmission of a communicable disease, including limiting ingress and egress to, from or on a Military Installation. Under this PHO, ROM refers specifically to limited movements imposed due to i) travelers returning from outside of Japan or from high risk areas and ii) persons who violate this PHO and potentially exposed themselves to infection. Individuals in the second category will be placed in ROM per **section 2(4)** of enclosure (1).

m. Vaccinated Personnel. As defined in reference (g), Vaccinated Personnel are those persons who have received the first shot in a series of two shots of the COVID-19 vaccine. Their vaccination series has not yet been completed until they receive the second vaccine dose. **Persons in this status do not benefit from Working ROM or other deviations from 10-day, in-domicile ROM followed by 4 days of LRS.**

n. Working ROM (Military and Civilian Employees Only). This status refers to Immunized military and Immunized civilian component employees who are able to leave their domicile for the first 7-day period of ROM in order to go to work (in work spaces that are entirely separated from all but Immunized Personnel). Enclosure (1) provides greater detail on Working ROM operating policies and requirements. Similar to LRS, **public transportation is not authorized** during Working ROM. Immunized persons whose command cannot accommodate working ROM will follow the same ROM procedures as Immunized dependents per this PHO. Enclosures (1) and (6) provide more details.

Subj: UPDATED PUBLIC HEALTH ORDER

3. Contact Tracing:

a. All personnel with installation access are required to maintain a log that tracks both the locations that they visit and the people with whom they come in close contact. **This includes family members and Cohabitants. All persons subject to this PHO will maintain 10 or fewer Close Contacts over the course of any given 14-day period.** Supervisors will ensure that their personnel frequently update their logs; however, **only medical staff performing COVID-19 trace investigations will review detailed entries.**

b. The identification of Close Contacts is critical in containing potential outbreaks. In the event that a Positive Case is discovered, Close Contacts of the individual testing positive will be placed in Quarantine or Isolation in order to monitor and test for COVID-19, as applicable. All Close Contacts placed in this status will remain in this status (Quarantine or Isolation) until CFAS medical has verified the immunization status of the Close Contact or otherwise cleared the Close Contact from the Quarantine. Per reference (g), **Immunized Personnel** who received their last dose of the vaccine and have remained asymptomatic are not required to Quarantine if they are a Close Contact, and therefore are not subject to Quarantine after being released by CFAS Medical. Similarly, **90-day Recovered Positive Cases** also do not need to Quarantine if they are a Close Contact once cleared by CFAS Medical. However, both 90-day Recovered Positive Cases and Immunized Personnel must strictly follow all other health protection measures, including this PHO. **Immunization cards and medical records will be used by CFAS medical to determine when Close Contacts are not required to ROM based on this criteria. Persons who are not required to Quarantine as Close Contacts (Immunized or 90-day Recovered Positives) are placed in a 14-day LRS per reference (f) starting on the day of last known contact with the Positive Case.**

4. Cloth Face Coverings. Cloth face coverings must be worn as directed in enclosure (3).

5. Physical Distancing. Per reference (h), all persons subject to this PHO will to the maximum extent possible practice physical distancing per the Center for Disease Control (CDC) guidelines and to the maximum extent possible **maintain at least six feet (two meters) from other people who are not from an individual's household in both indoor and outdoor spaces.** Meetings that occur in settings that cannot comply with physical distancing requirements must be held virtually. Workspaces should be modified to the maximum extent possible to ensure adequate distancing between coworkers.

6. Travel, Liberty, Prohibited Activities and Geographic Limits

a. General. **Liberty** activities, travel and **leave are authorized in all areas in Japan designated as Green or Yellow on the CNFJ/CNRJ Japan Prefecture Status Map,** which is included as Map (1) in enclosure (2). Activities in these areas are subject to the restrictions listed in paragraphs (c) through (h) below. The most up-to-date version of Map (1) is available at <https://www.google.com/maps/d/viewer?mid=1niEn2uoNN8LMFO3p48ls0nFFCaG1nuFf&ll=35.94689283081735%2C134.26384692650748&z=6>. If there is a difference in Map (1) and the current map available online, the version of the map online controls. **Liberty is always subject**

Subj: UPDATED PUBLIC HEALTH ORDER

to physical distancing, the wearing of face coverings and safety measures provided in this PHO. In any activity, crowds of 50 or more people **must** be avoided. Specific rules for permissible activities in Red, Yellow, and Green areas are provided below.

b. Black Areas. Black areas are used only on Map (2) of enclosure (2). Black areas indicate areas that are strictly prohibited for **liberty purposes**. A Black area may not always be in an area designated as Red in Map (1) of enclosure (2). For example, if a particular city in a prefecture designated as Yellow poses a substantial risk, that city may be designated as Black by this PHO. Direct Transit through Black areas is permissible. The most up-to-date version of Map (2) is available at <https://www.google.com/maps/d/viewer?hl=en&mid=1Yp9zNiFxBmE7hLbYOQc6fx-j3CYhyUkq&vomp=1&cid=mp&cv=GVAHVETz-iw.en>. If there is a difference in Map (2) and the current map available online, the version of the map online controls.

c. Red Areas

(1) Red Areas outside of the Island of Kyushu. **Red areas outside of the Island of Kyushu** in Map (1) of enclosure (2) are **off limits for leave travel** per reference (d). Additionally, **Red areas outside of Kyushu are not permitted for liberty travel** per this PHO. However, Direct Transit through Red areas outside of Kyushu is permitted. Strict adherence to physical distancing and hygiene (frequent hand washing, sanitizing, etc.) must be practiced while in Direct Transit in Red areas.

(2) Red Areas on Kyushu. Areas designated as Red on the CNFJ/CNRJ map that are on the Island of Kyushu (to include outlying islands within the prefectures like Goto Island) are **off limits for leave travel** per reference (d). However, **Red areas on Kyushu may be visited by personnel in a liberty** status per reference (d) and this PHO. The following activities are **permissible in Red areas on Kyushu:**

(a) Take-out service from restaurants (No dine-in off base; **on-base dine-in is permitted**);

(b) Gather in groups of **10** or fewer people (SOFA and non-SOFA);

(c) Overnight stays in hotels;

(d) Outdoor activities like hiking, swimming, kayaking, going to the beach;

(e) Private onsens **only** (public baths, public onsens and public, off-base saunas only available in Yellow or Green areas);

(f) Retail shopping;

(g) Barber shops, salons (hair and nail), facials, wax/laser hair removal;

(h) Non-contact sports (golf, baseball, softball, volleyball);

Subj: UPDATED PUBLIC HEALTH ORDER

- (i) Amusement parks and on/off base outdoor playgrounds and skate parks;
- (j) Charter and fishing boats;
- (k) Home cleaning services;
- (l) Massage and chiropractic treatments; and
- (m) Use of multi-purpose rooms, as long as group size limit (paragraph (B) above) is maintained.

d. Yellow Areas. Within areas designated as Yellow, all activities allowed in Red areas on Kyushu are permitted. Additionally, the following activities are permitted in Yellow areas:

- (1) Gather in groups of **30** or fewer people (including SOFA and non-SOFA persons);
- (2) Dine-in service at restaurants off base;
- (3) Going to public onsens, public baths and saunas (face coverings should be worn except when in the water; physical distancing should be maintained to the maximum extent possible);
- (4) Tattoo parlors; and
- (5) Indoor fitness, gaming and amusement facilities (e.g. bowling) (wear face coverings and practice physical distancing).

e. Green Areas. Within Green areas, all activities allowed in Red areas on Kyushu and Yellow areas are permitted. Additionally, the following activities are permitted in Green areas:

- (1) Going to public pools (face coverings should be worn except when in the water; physical distancing should be maintained to the maximum extent possible);
- (2) Group gatherings of **50** people (SOFA and non-SOFA are treated alike); and
- (3) Participation in contact sports (basketball, flag football, soccer, martial arts) in small groups (group should not go beyond individuals' limit of 10 close contacts for 14-day period).

f. On-Base Dine-in at Restaurants. When on-base dining is permitted, non-family members may sit together; however, tables will remain spread out. On-base restaurants will continue to operate at a reasonably decreased total occupancy and use markers for physical distancing while waiting in line. The same limitation of not exceeding 10 Close Contacts in a 14-day period applies to on-base dining just as with off-base restaurants.

Subj: UPDATED PUBLIC HEALTH ORDER

g. Safety Measures for Sports. Participants in sports activities, when allowed in an area, must practice strict hygiene, wear face coverings and abide by other safety measures outlined in this PHO. For baseball and softball activities, the following safety measures apply: the umpire, batter, catcher and players in the dugouts will wear face coverings, not including catcher's mask (i.e., if wearing a catcher's mask, the catcher must also have a cloth face covering underneath). MWR will supply sanitary wipes to clean bats before each use (one tub of wipes per dugout). Hand sanitizer will be in each dugout. The umpire is responsible to ensure that all persons inside the dugouts are wearing face coverings, spread out and that the ball is wiped down prior to the start of each inning. Each coach will ensure each player sanitizes their hands upon arrival to the ball field and after each return from the field. Volleyball players should physically distance as much as practicable and must wear face coverings. Players of contact sports (basketball, flag football, soccer, martial arts) will wear face coverings throughout play. Players of all sports are encouraged to thoroughly wash their hands and equipment after play ceases. Contact tracing logs will be updated by all participants and each participant must ensure that they do not exceed their 10 Close Contacts for each 14-day period.

h. Prohibited Activities. The following activities are off limits **at all times (whether in duty, liberty, or leave status) and in all areas regardless of color designation:**

(1) Bars, izakayas, establishments which primarily serve alcohol (i.e. only incidental food service), night clubs, lounges, off-base theaters, karaoke parlors and pachinko parlors;

(2) Festivals, concerts and music halls;

(3) Close Contact with persons who reside, work in or traveled from Red areas outside of Kyushu on Map (1) of enclosure (2) or persons who reside, work in or traveled from Black areas on Map (2) of enclosure (2) (Prohibited Close Contacts **do not** include: i) contact with personnel traveling to CFAS on official orders from other areas of Japan (such as installations in Yokosuka, Atsugi, Iwakuni, Okinawa, etc.); or ii) SOFA and approved contractor personnel who are traveling to CFAS after satisfying ROM requirements on an installation in another area of Japan) and;

(4) Groups of more than four personnel in the rooms of Unaccompanied Housing (physical distancing and face coverings must be practiced/used in any group gathering of non-family members).

i. Everyone should refer to current Public Affairs releases for additional guidance. For guidance in understanding what constitutes a bar or an establishment which primarily serves alcohol, see enclosure (5).

7. Base Access

a. Access Generally. SOFA personnel (including military, dependents, retirees, MLC, civilian employees and contractors) with proper base access privileges may come onboard the installation as long as they have satisfied ROM requirements upon entry to Japan and are not

Subj: UPDATED PUBLIC HEALTH ORDER

coming from a Red area outside of Kyushu or any Black area on Kyushu. **Persons in Working ROM or LRS may also access the installation subject to the rules for their particular status.**

Anyone who enters a prohibited area as defined in this PHO after completing their initial ROM in Japan and who are not in Direct Transit to Sasebo or on official travel must complete a ROM per **section (10)** of this PHO and enclosure (1) before they can access CFAS, unless an ETP per section (8) is obtained. **Operational commands may impose stricter ROM requirements. Persons attached to vessels or deployable units should inquire with their direct chain of command to ascertain what additional ROM requirements must be completed.**

b. Delivery and Housekeeping Services. Non-SOFA personnel may access base to perform delivery or housekeeping services. However, these individuals must be escorted by persons with proper base access and supervised by the sponsor at all times. Sponsors will also be responsible for and will ensure that their guests comply with all measures in this PHO while on base.

c. Non-SOFA Guest Access. Non-SOFA guests may be escorted onto base by a sponsor who has proper access. The sponsor will ensure that guests have complied with this PHO (e.g. not traveled to a Red areas outside of Kyushu or Black areas, not been to night clubs, etc.) for the 14-day period preceding their desired access to base. Sponsors will also be responsible for and will ensure that their guests comply with all measures in this PHO while on base. Sponsors are **limited to escorting two non-SOFA guests only** at any time. Unescorted, non-SOFA visitors with base access cards/privileges may be admitted to base, but cannot escort guests at this time.

8. ETP Request. Persons who must go to a prohibited area (e.g. an area designated as Black on Map (2) of enclosure (2) or a location off of Kyushu designated as Red in Map (1) of enclosure (2)) **for personal reasons** must route an ETP to me through their chain of command. **This is not required if travel is on official orders or for official business or persons traveling for medical appointments approved by CFAS medical.** Additionally, any other deviation from this PHO (e.g. group gatherings in excess of current limits based on the color status of the prefecture; meeting a prohibited contact per section 6(h)(3)) must also be requested via ETP. ETPs must include a detailed safety plan and travel itinerary, if applicable. Safety plans should include information about how the individual(s) or group is currently mitigating risk of infection and how they will remain safe during transit or the event, as applicable. **It is recommended to include information about the vaccination status of parties involved as well.** As I review the request for an ETP, I will consult current data to determine if **the activity or desired destination is currently pose a high for transmission of COVID-19**. If travel to a high risk area is approved, a ROM and/or LRS period per section (10) will be required upon return, unless specified otherwise. **ROMs and LRS periods based on approved ETPs will be determined in accordance with enclosure (1) and factors such as vaccination status.** Failure to route an ETP request may result in disciplinary or administrative action. ETP requests must use enclosure (4) **and must be submitted no less than 72 hours before travel or the activity is to begin.**

9. Public Transportation. All forms of public transportation are authorized except for persons who are in ROM (post-travel ROM, Quarantine or Isolation), LRS **or Working ROM status**. Enclosure (1) pertains.

Subj: UPDATED PUBLIC HEALTH ORDER

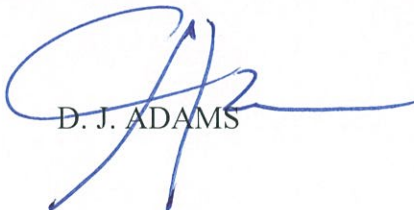
10. ROM

a. Enclosure (1) contains specific guidance on the variations of ROM. All persons in ROM will sign the Acknowledgement contained therein or a NAVPERS1070/613 to the same effect.

b. ROM and PHO Violations. See paragraph 2(4) of enclosure (1).

11. SOFA Member Home Business and Private Employment: Businesses that have received permission to re-operate in the COVID-19 pandemic need not resubmit based on this PHO update unless their business has changed. All businesses and new requests must submit safety plans to the installation Staff Judge Advocate office at CFAS_SJA@fe.navy.mil. Safety plans should contain at a minimum: the identity of the business/services involved, discussion of the use of face coverings and other protective gear, discussion of customer interactions and physical distancing, discussion of hygienic practices, an outline of routine cleaning processes, **vaccination status** and a plan for family/workspace separation, if applicable. All other businesses that do not allow for physical distancing remain suspended. Authorization for private employment in any location listed as a Red area in on Map (1) of enclosure (2) **or a Black area on Map (2) of enclosure (2)** or that provides services prohibited in section 6(h) or where safe physical distancing measures cannot be practiced is suspended.

12. It is imperative to the safety and health of our Force and mission that everyone continue to maintain the core tenants of good hygiene at all times. All persons must take personal responsibility for complying with guidance provided in this PHO. Additionally, all persons will frequently clean and sanitize their work spaces.


D. J. ADAMS